



IMA FOCUS

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86th MEDICON 2020



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Editorial

Dear Member

At the very Outset, let me thank all of you for having elected me unanimously as the Editor of our prestigious Karnataka State IMA House Magazine "The Focus" for the Year 2020-21. I promise you that I will live upto your expectations and keep the flag of Focus flying high. My predecessors have done an excellent job in editing issues of Focus down the years. Their hard work has resulted in the magazine being rated as one of India's best IMA House Magazines. I would like to thank all of them for the excellent job done!

The Corona Pandemic is raging unabated and most of the outdoor activities of the IMA have been curtailed. All the same, the Karnataka State IMA branch was very active in the year 2019-20.

A series of virtual meetings were conducted by the State branch and local branches. The New normal way of life was strictly adhered to. The quality of the virtual CME's was of the highest standards. Despite the difficulties, issues of Focus were published keeping the IMA members informed of the latest developments of IMA.

I would like to thank The Karnataka State IMA office bearers of 2019-20 led by Dr. Madhusudhan Kariganuru and the Editorial Board of Focus 2019-20 led by Dr. Anitha Rao from the bottom of my heart for all the good work done.

The new Team of IMA KSB office bearers led by Dr. Venkatachalapathy have assumed office and promises to maintain the tempo of activities. The recently conducted IMA State Conference held at Bengaluru was an academic extravaganza. The conference went on well and benefitted all the participants.

Through these columns, I request all the branches to submit the monthly report by the 20th of every month. This will ensure that regular issues of Focus can be brought out and posted to the members to whom it is intended to reach.

The Editorial team of Focus 2020 - 21 is a experienced one and has the right blend of experience and talent. I take this opportunity to welcome all the Editorial Board members onboard and wish them all the best!

May we continue to bring out excellent issues of Focus this year!

Yours in IMA

 **Dr. B. Devdas Rai**



President's Message

Dear esteemed members
Warm wishes and Greetings from IMA KSB

मातृ देवो भव। पति देवो भव। आचार्य देवो
भव। अतथि देवो भव॥

**Maathru Devo Bhava | Pithru Devo
Bhava | Acharya Devo Bhava |
Athidhi Devo Bhava ||**

My prayers & respects to my mother,
father, my family and teachers.

As we are all still submerged in the blessings of Maa Durga who is a symbol of strength, motherhood and love and may her blessings shower upon all of us to kill the evil in oneself, to overcome all the evils in our life and also to fight victoriously against this evil virus of corona.

I wish to thank all the IMA members who have supported, encouraged & guided me to reach the coveted post of President of IMA KSB. I wish to honestly acknowledge the role of Dr Yogananda Reddy, Dr. Honnegowda & Dr. Madhusudhan Kariganuru in mentoring me to take up various responsibilities in IMA and also the members of my parent branch who have always stood by my side to see me climb up the ladder of IMA.

My Vision & Mission for the year

With the wonderful team with me, I have started my vision & mission for this year of IMA KSB with a earnest desire to serve.

Strength of any organization is in its numbers, hence to make our IMA strong we have to increase the number of new members by creating awareness amongst medical students JDA&RDA with a special emphasis on advantages of

various IMA schemes like Protection of doctors family through IMA KSSS, Protection of profession by IMA KPPS & Protection of health by IMA KSHS.

Our team of 2021 has declared the mission that is MISSION 5000 and committed in enrolling 5000 doctors into IMA KPPS scheme so that our doctors get a indemnity coverage of Rs 50 Lakhs to 1 Crore within 1 year.

World is facing the difficult times because of Covid 19, whole health care system is focusing largely on Covid 19 because of which both public & private health care systems have ignored to an extent the non covid issues particularly Poor immunization cover of children there by exposing them to vaccine preventable diseases. Hence I urge doctors to be vigilant of outbreaks of vaccine preventable diseases.

Covid 19 pandemic has changed our perception of interaction between people to facilitate easy interlinkage, IMA has adapted to the digital form of

communication, interaction, CME, conference & even day to day work can also to be carried out on a digital platform to that an extent digital IMA (DIMA) will be in reality.

I urge all the local branches to make use of digital mode in helping our members to execute the statutory obligation of KPME, PCPNDT & any other regulatory requirements..

IMA KSB is planning to start fellowship programs in various sub specialties to accomplish the aspirations of many medical students and also to provide them IMA library and tutorials.

IMA KSB is always in the forefront in the fight against violence & harassment on doctors. Hence we strongly propose a stringent central law as a deterrent for such perpetrators.

With the glow of diyas and the vibrations of the prayers, may this Diwali fill every one's life with happiness, sparkle of joy and good health.

**Happy Deepawali.
Long live IMA**

■ **Dr. M. Venkatachalapathy**



Happy Deepawali



Vice President's Desk

Dear Respected IMA Members,

It is my proud privilege to be writing the Vice President's address for this year. I am honored and humbled by the faith and trust placed in me by this esteemed IMA body. At the same time, I write this message with a heavy heart. This global Covid-19 pandemic has taken away from us, what can be never replaced- some of our learned, hardworking, esteemed seniors and dedicated, committed peers and junior doctors. I pay my tributes to those brave hearts who led the way by example. They treated their patients with sheer determination, finally giving the ultimate sacrifice of their lives- a sacrifice that can neither be forgotten nor ever repaid.

The previous team of IMA-KSB, lead most dynamically by Immediate Past President Dr. Madhusudhana Kariganur, Immediate Past Secretary Dr.S.Srinivasa and their entire team, worked hard during these trying times, assisting the government in containing the virus, standing by all the IMA members in their tough times, guiding the treatment protocols and providing

unstinting support to the families of the affected doctors. Kudos to them and as the new team takes over, we hope to be able to carry forward their exemplary work with equal intensity and sensibility. If I can speak for our team, I would say that our aim will still be containing the spread of the virus, raising public awareness about prevention, disbursement of all possible help and necessary equipment to the HCWs and carrying forward the previous team's commitment to keep sharing newer insights into the disease on the virtual platform, while reinforcing the knowledge and essential steps that are already known in the prevention and treatment of this potentially fatal illness.

And now, let me end on a positive note. In India, we are showing a decline of the Covid-19 pandemic, except in two or three states. That is no cause for complacency or letting our guards down, especially with the festival season upon us. If we all- the medical fraternity and the public alike, keep on our fight and keep taking precautions, the day should not be far when we can finally say goodbye to the worst of the disease and move forward with a "new normal" life.

**Have a safe and happy festive season ahead!
Jai Karnataka! Jai Hind ! LONG LIVE IMA !!**

■ Dr Jaspalsingh. H. Tehalia



Secretary's Desk

Dear Friends,

Greetings from IMA KSB on Kannada Rajyothsava occasion.

It is my duty to thank all our members of all branches who have made IMA proud. In spite of these difficult times since March 2020, our frontline warriors are selflessly working more hours in hospitals. My big salute to all of them for great job and sacrifice.

All of us know that "Unity is strength and more than that, for greater strength now numbers are also important" for representing ourselves to any authorities in future. As members we need to inform and motivate

about the benefits of joining IMA at large, KPPS, KSSS, KSHS, etc at all branch levels.

We as IMA members need to have firm stand in whatever is best & reasonably in favour for any benefits to our members.

As many of us are undergoing stress in different areas of life, "Vaidhya Mano-sahaayavani" helpline is reaching our members at large in our state.

Is it right to ask 'No war, No pay' to our soldiers in our country or "if any war, additional tax for war also"? Hope organisations / institutions running hospitals will definitely take some steps to lessen the burden to our members by maintaining uniformity in financial aspects or working pattern in future.

Jai Hind

Jai Karnataka

Jai IMA

 **Dr. S. M. Prasad**

ATTENTION

Membership Fee (HFC Details)

Life Membership fee of the IMA, 1-11-2019 onwards

Particulars	Amount to be Sent to IMA KSB	Extra Amount collected & retained by the local Branch Decided by the local branch
Single Life	11000-00	
Couple Life	16500-00	



Imm. Past President's Desk

As your outgoing president, I want to thank you all for the privilege of allowing me to represent you this past year. Our Indian Medical Association is one of the most highly respected organizations in this country and is clearly the most respected among professional organizations. As a president, I had the opportunity to express your ideas and beliefs in a way that has authority, precision, and can be heard all across the country. To the best of my ability, I have sought to speak for all of us, and I hope I have accomplished that to your satisfaction. I have tried to be that one voice that has been consistent on the values and principles that have made us strong that have bound us together for all of these years.

For the past one year, along with our physical activities, we have leveraged on using the digital platform to offer a more effective impact through virtual sessions. Our team has visited 41 local branches physically and virtually, very successfully conducted one National Medicolegal conference, 4 State level conferences which included IMA AMS, IMA CGP, IMA Women's wing and IMA KSB Annual medical conference MEDICON 2020.

The agitations against violence on doctors and harassment of the professionals by the administrators have yielded us the results. We were successful in the fight to get voting rights to the non renewed IMA doctors in KMC elections.

The modifications in the KPME renewal and

registration process which was much awaited was the reality this year. The need of trade license for KPME registration is removed now. Our fight against quackery resulted in government issuing orders of barring the prescription of Allopathic medicines by Ayush practitioners.

All the 4 State Working committee, 3 State Council meetings, Doctors day celebrations and 3 President and Secretaries meetings, two sports meets were held successfully in spite of the grave Covid situation. I am happy to note that almost all the IMA local branches have contributed immensely in helping the local administrators in controlling and treating Covid. Many branches are the active members of the Covid task force. IMA KSB from time to time guided the Government in issuing guidelines for Covid. On many occasions IMA KSB guided its members in taking precautions in treating their patients.

We coordinated with IMA Head quarters in supplying the 3M N 95 masks at a very nominal cost to our members across Karnataka. We were in constant touch with IMA Head Quarters wherein we have attended 23 meetings with them to discuss about various issues.

All these great accomplishments can't be the work of one, it's all of us. All of you regularly stepped forward and volunteered to do so much and contributed in so many ways. Thank you all for demonstrating what it means to put Service above self, to engage IMA change lives. I want to thank each and every one of you for giving me this opportunity. I have found that the IMA President

is always fully supported, “upward” praise is given, and everyone is pulling in the same direction. It is just so darned satisfying and it made my efforts very worthwhile.

I have so many people to thank.

Firstly my thanks to IMA Head quarters office bearers especially Secretary General Dr.R.V.Asokan, National President Dr.Rajana Sharma, Vice President Dr.Prabhakara.G.N. for noticing and appreciating our contributions. Their words of encouragement have driven us to do great work.

I thank IMA KSB Sub-committee chairs, members, Divisional Coordinators, District Representatives, Presidents and Secretaries of all the local branches of IMA Karnataka, All the IMA KSB State Council and State Working committee members.

My special thanks to Dr.Anitha N Rao, the editor and member of Awards subcommittee for her wonderful work of publishing the issues of IMA Focus inspite of Covid situation.

My special thanks to Vice Presidents Dr.G.K.Bhat who guided me like a father at all levels, to Dr.Jayanth.M.S, Dr.Vijayakumar Hesarur, and Dr.Sumathi Bhat for the help and cooperation.

I thank Dr.Jaspal Singh Tehalia our PRO who helped me in all aspects like maintaining the whatsapp groups and in conducting meetings.

My heartfelt appreciation and thanks to Dr.Srinivasa.S. for bringing a new and dynamic level of leadership to the position of Honorary Secretary of IMA KSB. He has proven to be a tireless worker.

My special thanks to Dr.B.Veeranna, the treasurer who is the backbone of the entire financial framework of the association who managed the accounts meticulously.

I thank our Joint Secretary Dr.Karaveeraprabhu Kyalakond who roped in whenever we needed him.

I should thank staff of IMA KSB Sri.Ashwatahnanarayana, Sri.Ravikiran.H.N,

Sri.Damodar,Sri.Puttaswamy ,Sri.Venkatesh and all other workers of the building for their reliability and hard work. The entire team thanks them.

Great leaders are not those interested in the title or the corner office. Great leaders are about the work. Great leaders dream. They dare to inspire. Dare to challenge. Dare to have difficult conversations. Dare to take risks..... That is an apt description for Dr.Honnegowda and Dr.Yoganandareddy. Y.C. I am blessed to have all three- boss, mentor, and manager - in them. While working under their leadership, I managed to learn something new every day.

I wouldn't be here today without the support of my family, the love of my life my wife Dr.Prabhavathi. H.S. and our dearest son Mr. Sudhanva Kariganuru for putting up with me for the last 15 years where every day there was an IMA story to tell.

Dear friends,

Our country—indeed our world—is being challenged by the corona virus as never before. We are challenged by a lack of resources and PPE, challenged by the rampant spread of misinformation and disinformation. We are working long hours in offices and hospitals; sleeping in hospitals or hotels so that we do not infect our family members; countering the endless false narratives circulating across media channels; and reopening medical practices so we can meet the postponed health needs of our patients. We shall overcome this crisis. We will ultimately defeat this ferocious enemy. We will beat it with a spirit of solidarity and caring to keep this country safe and healthy.

As told by King T'Challa , “We all know the truth: more connects us than separates us. But in times of crisis the wise build bridges, while the foolish build barriers.” We must find a way to look after one another as if we were one single tribe.

On behalf of my entire team I want to congratulate the new team under the leadership of Dr.Venkatachalapathy. M & wish them the very best, a successful tenure and our full support.

“It’s not Goodbye, It’s See you all later” - Long Live IMA

 **Dr. Madhusudhan Kariganuru**



Past Secretary's Desk

Dear IMA members

I wish all my IMA friends Happy Dusshera and Vijayadashami.

My heartfelt thanks to all my dear IMA family for treating me one among you for two years, it was almost like 24/7 work, IMA KSB has given me a lot of responsibilities. My heartfelt thanks to our Presidents Dr.Meti and Dr.Madhusudan for giving me the utmost freedom to express my views to the media, definitely its a team work. I have disturbed Dr Yogananda Reddy to clarify my doubts a lot of times about comments given to Media. And he was always ready with answers. He is like a walking encyclopaedia, I have learnt a lot from Dr Yogananda Reddy, he used to read, refer and give advise. I am very grateful to him and I was involving freely in Media debates because of his tips.

I never used to give opinion without President's approval. We have maintained this in our whole term, our presidents even though they have provisions to act independently, for everything they used to ask my opinion also, that was the greatness of both the Presidents I came across.

Another important person, Dr Honnegowda, he used to advice me like my brother. He is very regular in attending meetings he will come to IMA KSB one day before and stay one day more after the meeting. It clearly shows his dedication, he is the back bone of IMA KSB.

I cannot forget Dr Ganesh for his constant stimulation. He was keeping us alert 24/7. He is an asset to IMA KSB.

My request to the new office bearers to utilise his services maximum.

My heartfelt thanks to all our office staff, Mr. Ashwathnarayan, Ravikiran, Mr.Venkatesh, Damodhar, Mr & Mrs Puttaswamy and I acknowledge their dedication to the IMA KSB.

I should congratulate my close friends Dr Venkatachalapathy, Dr SM Prasad and Dr Karunakara who are at helm of affairs this year. I have full confidence on them. They will definitely take IMA KSB to greater heights.

Dear friends, we should make all the local branches more vibrant, since lot of activities will arise now against NMC.

We have to decentralise the activities and should appoint one district coordinator to every branch and should tie up with one medical college and form MSN and JDN committee and start working against NMC. My thanks to HSG Dr Asokan and National President Dr Rajan Sharma, for giving opportunity to express our views, both our president and I attended meetings with Head quarters regularly like students, got lot of appreciations from HSG.

I am very proud to work with dynamic president Dr Madhusudan, he feels bad if there is no work to do, I wish him all the best for his coming endeavours.

I fail in my duty if I do not thank my family wife Smt. Pushpa Srinivas, Daughter Dr Sheetal, my son In law Dr.Vishwapremraj for their keen involvement in all my work.

I should thank our Treasurer Dr B. Veeranna for his guidance throughout my career as secretary.

I congratulate and wish all the best to Dr Suresh Kudva President Elect. Definitely, our IMA will flourish in his term also. My apologies to all my seniors, and friends for any un intentional mistakes from my side.



86th Medicon 2020 - Gallery





86th Medicon 2020 - Inauguration







86th IMA Karnataka State Annual Medical Conference MEDICON 2020 on 18-10-2020 - Report

Today, the changes brought about by new technology have a significant effect on the life of people living in every corner of the globe. The Covid has made us to adopt the learning in education to be replaced by new and emerging technologies. As the Information Technology is having a major impact on all areas of education- curriculum, methods of teaching, classroom learning, rapid communication etc. IMA KSB has made use of these tools effectively. The scientific sessions and inaugural functions were streamed live through Zoom communications and Youtube channel effectively.

The Conference hosted by IMA Karnataka state held at IMA House Bengaluru on 18th October 2020 was the latest milestone in the history of IMA KSB. It was held on Hybrid platform wherein the members participated through physical presence and on virtual platform.

Morning Session :

The incoming President Dr.Venkatachopathy. M., hoisted the IMA flag at 8-30AM which was attended by many members.

The morning scientific session was inaugurated by the IMA KSB President Dr.Madhusudhana Kariganuru along with President elects Dr.Venkatachopathy.M and Dr.Suresh Kateel Kudva. This session was covered by 5 orations.

The first oration of IMA-KSB Prof. Dr.Nanjundaiah Memorial Association Oration was delivered by our IMA HQ Honorary Secretary General Dr.R.V.Asokan on "IMA Legacy and Leadership". He covered the birth of IMA during freedom struggle, its Nation Building work, Objectives, Structure and Wings and schemes. Regarding the leadership he informed about the Sacrifice and hard work of IMA ,Its

legitimate aspirations , act when in power, fasten in end and qualities. He gave the message to the upcoming IMA leaders on time management, Prioritization, words, focus, non reaction, non utilization of power, non enunciation of opinion and acceptance.

The second, IMA-KSB Endowment Oration was given by Dr.Santhosh Soans, the Prof & H.O.D Dept of Pediatrics, Chief of Neonatal & Pediatric Intensive Care Division A.J Hospital & Research Center, Mangaluru on the topic "Approach to a Sick Child".

He stressed that assessment of children must evolve from a bio, psychological & social perspective, taking into account these inextricably interlinked aspects. Clinical history taking and interviewing are one of the most powerful tools available to make a diagnosis and plan management. Clinical judgment and expertise is required to assimilate the information obtained from the child and other key informants. The clinical videos presented were very much helpful and informative.

The third, IMA-KSB Prof. Dr.S.V.Govinda Setty Memorial Oration was delivered by Prof. Dr.Rajagopal.V. on the topic "Covid Vaccine".

Lots of questions swirl around trailblazing of COVID-19 vaccines. Many are eagerly looking at the clinical testing with anticipation for an use authorization of the vaccine in India. How is broadening knowledge of immune responses to SARS-CoV-2 informing vaccine research? What are the pros and cons of the different vaccine modalities in discovery and clinical development? What are the key challenges associated with clinical testing, and what are their implications for safety and efficacy of immunization programs in the broader global population? And what issues related to regulatory oversight, manufacturing and

distribution are likely to be important in the rollout of a COVID-19 vaccine? These questions are all well answered by the doyen of microbiology Dr.Rajagopal.V.

The fourth, IMA-KSB Dr.R.H.N.Shenoy Oration was delivered by Prof.Dr.Rajagopal K Shenoy of KMC Manipal on the topic "What I have learnt from my mistakes since 1986..."

As told by Robert Half, Be humble to see your mistakes, courageous to admit them. Not admitting a mistake is a bigger mistake. A man must be big enough to admit his mistakes, smart enough to profit from them, and strong enough to correct them. Dr.Rajagopal Shenoy showed the way forward to correct the mistakes that happens in the surgical field and stressed on the need of eagle's eye to look for clinical signs for better patient care.

The last, IMA-KSB Dr.A.K.N.Sinha Oration was delivered by Consultant Physician at Shimoga Dr.Sreekanth N Hegde on the topic "Evidence based medicine in pandemic situations: Challenges and opportunities"

He informed that evidence-based medicine is the integration of best research evidence with clinical expertise and patient values. In the current scenario Covid 19 he told that we have to be aware that treatment options should be based on clinical need and the effectiveness of treatment options, and that decisions should be arrived at through assessment and discussion.

Afternoon Session :

In the afternoon session 297th and 298th IMA KSB State Council meetings were held.

Evening Session :

The inaugural session of the MEDICON 2020 conference was initiated with auspicious Prayer by baby Vismaya .

IMA Prayer and Flag salutation was rendered by Honorary State Secretary Dr.Srinivasa.S.

Dr.Karunakar.B.P. treasurer elect of IMA KSB welcomed the guests.

The IMA KSB secretaries report for the year

2019-20 was read by the PRO Dr.Jaspal Singh Tehalia through PPT.

The inaugural function was attended by Chief Guest Dr.Sachidananda, The Honorable Vice Chancellor of RGUHS, Karnataka who inaugurated the conference by lighting the lamp. In his inaugural address he assured to help to increase the IMA membership of Karnataka. He applauded the IMA KSB welfare schemes of helping its members. The inaugural ceremony was followed by felicitation of honorable Chief Guest.

The installation of the new office bearers of the IMA KSB for the year 2020-21 was done by the protocol officer of the conference and IMA KSB legal cell chairman Dr.Y.C.Yogananda Reddy. Under the leadership of Dr.Venkatachhalapathy.M. as the state President they took oath. The outgoing state president Dr.Madhusudhana Kariganuru bestowed him with the IMA KSB medallion and later delivered his speech. He spoke on the hard path that the IMA has to go through during the covid situation.

Later, the newly inducted President Dr.Venkatachalapathy.M. delivered his visionary presidential address which promised to carry on the welfare schemes of IMA KSB with the announcement of "Mission 5000" of reaching the membership target of 5000 to IMA KPPS.

The IMA KSB felicitated 9 eminent IMA members who have done yeomen services in the fields of medicine and social service and brought laurels to the medical profession and to the association.

The IMA KSB annual awards were presented to the various branches for their achievements during the year 2019-20. Also certificate of achievements were given to the children of IMA local branch members across Karnataka. 15 branch members and branches were given IMA KSB Presidents appreciation awards. The vote of thanks were rendered by the newly inducted IMA KSB honorary state Secretary Dr.Prasad.S.M.

The whole day programmes were fabulously compered by Dr.Soumya.Y.J and Dr.Harini Arjun.



BRANCH ACTIVITIES

Branch : Bengaluru

President : Dr. A.S. Venkatachalapathy

Secretary : Dr. G.M. Puttamadaiah, Dr. B.P. Karunakara

2.10.2020: Gandhi Jayanthi was observed.
 18th October 2020: Ayudha Pooja was conducted at IMA Bangalore Branch Office.
 30th October 2020: IMA Bangalore Branch in Association with CSI & MERT conducted Public guest lecturer programme held at IMA Auditorium IMA house, Chamarajpet Bangalore. It was presided over by Dr.A.S.Venkatachalapathy, Dr.Umasheshgiri, Vice President, IMA Karnataka State Branch, Bangalore spoke on Breast Cancer Awareness, Dr.Omsreedhar A, Professor, Pathology

Department, Raja Rajeshwari Medical College & Hospital, Bangalore spoke on, Diagnosis of Breast Cancer & Dr. Bharath B., Consultant Surgical Oncologist Laparoscopic & Robotic Surgeon, Fortis Cancer Institute, Bangalore spoke on Treatment of Breast Cancer. 30th October 2020: On 30th October 2020 Breast Cancer Awareness programme and Camp was held. Dr.Uma Sheshgiri, Gynecologist, & Past President IMA Bangalore Branch 10-15 patients were examined on the day.

Branch: Gadag

President: Dr. Prakash K. Dharana

Secretary: Dr. Vishwanath S. Kulkarni

Due to prevailing COVID-19 pandemic group gatherings were significantly reduced. However necessary meetings were conducted through online and telephonic con-call conversations. During physical gatherings utmost precautions were taken. SMS was strictly followed in all the meetings. Sanitizer was kept at the entrance of the IMA hall. Thorough hand wash was done. Masks - N95 masks were provided to the members and wore properly. Social distancing was maintained on and off the dais. 2nd October 2020 Young IMA members gathered at IMA hall and celebrated Mahatma Gandhi Jayanthi and Sri Lal Bahadur Shashtriji Jayanti. 10th October 2020 Joint board meeting was conducted. During the joint board meeting all the financial activities of the last year were calculated and informed to the board. Introduction of the new board members is done. 11th October 2020 - World daughter day was celebrated by President Dr. Anita Dharana and secretary Dr. Bhakti Kulkarni,

ladies wing IMA and other members. It was celebrated uniquely by collecting photos of all the IMA members with their daughters or mothers. And they made a beautiful collage and which will be shown during instillation ceremony. 11th October 2020 - IMA along with GOGS conducted Zoom Webinar. GOGS President Dr. Anupama Patil, Secretary Dr.Praveen Sajjanar conducted the seminar beautifully. 13th October 2020 - On the occasion of 150th Birth anniversary of Father of nation Mahatma Gandhi. The book "Gandhi Kathana" was released which is authored by D S NAGABHUSHAN, and our IMA president Dr.Prakash Dharana participated. He handed over check of amount 20,000 Rs. to buy 100 books which will be distributed among the interested IMA doctors and will be given to speakers or guests coming to the IMA CME and other functions in future days. 14th October 2020 IMA blood bank meeting was conducted, during which the discussion was made regarding the purchase of the apheresis

machine, and also option of association of IMA Gadag Blood Bank with Rasthrothana Regional Blood Committee Hubli. It was decided to develop a mobile android based app for blood donations. It will allow IMA members and general public to track their blood donations and to register for volunteer blood donations. And such people will be enrolled in reward program system which will be useful to them. Soon beta version of the app will be ready for trial during the same function, Past IMA President Dr. Radhika Kulkarni and Secretary Dr. Bharat Bidinahal were felicitated for bagging First best IMA branch in the state. Dr. Pawan Patil was also felicitated for getting President's Appreciation Award. 19th October 2020 - IMA members conducted cyclothon to religious hill station Jalashankar (about 20 km

from Gadag city) to create awareness of health and advantages of cycling among the IMA doctors. Along with young members like Dr. R T Patil, Dr. Jayaraj Patil, Dr. Siddarth Goudar, Dr. Veresh Hanchinal, Dr. Vishwanath Kulkarni, Dr. Rajashekhar Myageri, Dr. Naveen, Dr. Bharath, Dr. Madhusudhan, and Dr. Arun and many others senior members like Dr. Guruprasad, Dr. Vijay Sajjanar and Dr. Jagadish Bhoomaraddi also took part enthusiastically. IMA Gadag Blood Bank activities: For the Month from 20th September 2020 to 20th October 2020: Total Number of Bags collected: 349. Total Number of PRBC issued: 365. Total Number of FFP issued: 485. Total Number of PC issued: 87. Total Number of Cryoprecipitate issued: 2.

Branch: KGF

President: Dr. Parameshwarappa

Secretary: Dr. D. Vijayakumar

On 14-10-2020, we conducted an EXECUTIVE COMMITTEE MEETING of all the office bearers of IMA-KGF through IMA-KGF GROUP WHATSAPP and collected their opinion regarding conducting a physical MEETING to discuss the conduction of ELECTION TO IMA-KGF for the year 2020-2021. All the executive members expressed their opinion for the continuation of the same office bearers of 2019-2020 for 2020-2021 in the backdrop of present COVID-19 PANDEMIC. As such it was decided through the WhatsApp discussion for the continuation of the 2019-2020 office bearers for the year 2020-2021. On 18-10-

2020, we attended the very memorable and remarkable event MEDICON 2020 –the state annual conference of IMA-KSB the award distribution ceremony and also the INSTALLATION OF NEW OFFICE BEARERS OF IMA-KSB FOR THE YEAR 2020-2021. The Hon Gen Secretary of IMA-KGF Dr. D. Vijayakumar WAS FELICITATED by the honorable chief guest of the day Dr. Sachidananda the Vice-Chancellor of RGUHS-Bengaluru. On 21-10-2020, for the second time we supplied 600 M3 N95 masks to the needy doctors and the first supply was of 800 mask on 12-09-2020. Total 1400 M3 N95 mask were supplied.

Branch: Mandya

President: Dr. Marigowda

Secretary: Dr. Vinay

We congratulate Dr Venkatachalapathy on becoming the President of IMA Karnataka state branch. Hearty congratulations sir ! We

congratulate Dr SM Prasad on becoming the secretary of IMA Karnataka state branch. Hearty congratulations sir. We congratulate

the new office bearers. Congratulations everybody. Best of luck. We are happy to inform that the implementation of KSSS and other schemes is going on well in Mandya branch. Condolence meeting was held on the demise of Dr Nagaraj (Vijaya Clinic) on 27 Sep 2020. It was decided to keep his photo and his name to the IMA hall. We are very thankful to IMA state branch for recognizing the work of IMA Mandya branch and awarding it with Appreciation Award. On 15 Oct 2020, IMA Mandya branch observed World Handwashing Day IMA members educated the public near hospitals about the importance of handwash

and demonstrated the same. Education about the importance of mask use and the proper use of masks were given in Govt hospital. Free masks were distributed to health staff and people not wearing masks by Dr Marigowda (President IMA Mandya branch) and Dr Vinay (Secretary IMA Mandya branch). On 16 Oct 2020, Expert Committee Meeting and Visit to MIMS hospital by President of IMA Mandya Branch, Dr Marigowda along with district magistrate and district health officer. They visited the covid center in MIMS Government hospital for monitoring the situation and gave various suggestions for its improvement.

Branch: Mysuru

President: Dr. B.N. Anandravi

Secretary: Dr. Chandrabhan Singh. N.

On 08.10.2020 BLOOD DONATION DAY was observed at KR Hospital Blood Bank. Dr.B.N. Anandravi (President), Dr.Chandrabhan Singh.N (Hon.Secretary) and other IMA members took part. 45 bottles of blood were

collected from donors. IMA thanked Dr. Manjunath, Pathologist for facilitating the same. Breakfast and fruit juice were distributed to the donors.

Branch: Sirsi

President: Dr. Vinayak Bhat

Secretary : Dr. Ravindra R Kolvekar

Installation ceremony of new office bearers was done on 11th October with Chief guest and Installation Officer Dr Shridhara Vaidya, a renowned gynaecologist from Siddapur.

Achievements : IMA Sirsi branch received Best Medium Branch Award for the year 2019-20 during 86th Medicon-2020 held at Bangalore. Dr Shivaram K V was felicitated in recognition of his distinguished services to IMA and Medical Profession during 86th Medicon-2020 held at Bengaluru. Children of members of IMA Sirsi branch Sannidhi, Tejas, Monica, Anushree, Raksha and Aditya received IMA-KSB Achievers Awards for their exemplary achievements during 86th Medicon-2020 held at Bengaluru. Also we recognised our own paediatrician Dr Dinesh Hegde at our

installation forum, for his selection as Vice President of IMA KSB for 2020- 21. IMA SIRSI branch activities during 21st September to 20th October 2020. A) Social activities 8th October on the occasion of World Sight Day, Dr Tanushree Hegde consultant ophthalmologist , gave a talk on "Women's Eye Health" in online zoom meeting conducted by Innerwheel club of Sirsi and Innerwheel club of Sagar Unique in association with Nayana foundation and Ganesh Netralaya sirsi. 10th October on the eve of World Sight Day, a unique webinar was organised by Nayana foundation Sirsi and Ganesh Netralaya Sirsi in association with IMA, Rotary and Lion's clubs of Sirsi and Sagar. All the consultants of Ganesh Netralaya gave talks on ocular health. Topics included.

Dr.Shivaram K.V - Evolution of cataract surgeries and recent advances in IOL technologies Dr Tanushree Hegde - Glaucoma – A silent vision thief !!, Dr Manjunath–common retinal problems and Diabetic retinopathy, Dr Ravindra R Kolvekar- Myths and facts about Squint, Dr Vishwanath Ankad– Refractive errors and recent advances in refractive surgeries. B) Academic activities. 13th to 14th October– A 2 day training session for doctors and nurses was conducted as a part of up gradation of Pandit General Hospital

Sirsi's Rotary IMA NICU project. Guest speakers- Dr Narayan Gaonkar UNICEF Gujarat and Dr Mallikarjun Bengaluru. Other faculty speakers - Dr Dinesh Hegde, Dr Zaheer Ahamed, Dr Ashrit Hegde and Dr Swati Vinayak from Sirsi were the resource persons. Around 25 doctors and NICU staff were benefited and also this program was live telecasted on zoom. C) Extra-curricular activities: Early morning Walkathon was arranged on 18th October to Tavarumane Tota, adventurist nature point 6 km from Sirsi. Around 25 members participated and enjoyed it.

Branch: Sullia

President : Dr. Shri Krishna B N

Secretary : Dr. Ravishankara S

OBG national e conference on labour and birth organised on 26/9/2020 & 27/9/2020 at Sullia. Dr Geetha Doppa, past president IMA Sullia was organising chairman & Dr Ravikanth was organising secretary. 602 delegates attended the conference online. 5. Health camps - ONE: Free eye check up camp was conducted on 11/10/2020 in association with Prasad Netralaya, Udupi. 70 people attended the health camp. 6. Health education

Programme : TWO. On September 23rd, Dr Sai Geetha, past president IMA Sullia, gave a health talk at Chaitanya sevashrama, Ajjavara. On 11th October, Dr. Reshma Pai, Ophthalmologist from Prasad Netralaya, gave talk on eye donation. Eye donation pledging & eye camp conducted jointly by IMA Sullia, & Rotary club, Sullia on 11/10/2020. 37 people pledged eye donation including IMA members.

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



FLAG SALUTATION

We, the members of Indian Medical Association stand here to salute our national flag. Its honour and glory shall be our light and strength and its course shall be our course.

We pledge our allegiance to it and realizing our responsibilities as the accredited members of this national organization, we swear we will dedicate everything in our power to see it fly high in the comity of nations.

Jai Hind !

IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

Long Live IMA!



IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

IMA KPPS

IMA House, Alur Venkata Rao Road, Chamarajpet, Bangalore 560 018

Reg. No.DRB-2/SOR/179/2019-20

Email : imakpps@gmail.com | Phone No 080 -26705447, 8197330598

NEW SCHEME

• FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CORE. (ONE CRORE)

- All the existing members will be upgraded to New Scheme after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS

a) Fee details for the 1st year (admission contribution)	
Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
Total	Rs. 3100/-
b) Fee details for subsequent years	
Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda
Chairman
M. 9448118299

Dr. N. Dhanapala
Hon. Secretary
M. 9342161266

Dr. J. Sharanappa
Hon. Treasurer
M. 9448924466



IMA'S KARNATAKA STATE HEALTH SCHEME

imakshs@gmail.com

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www.imahealthscheme.org

A doctors mutual health contribution scheme will give
peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

LOCK IN PERIOD

- i) **Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- ii) All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- iii) All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

- * **No advance payment will be made to the members**
- * Members will be given **reimbursement of 75% of total amount** of the bill not exceeding the sum limited to each disease.
- * **If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.**
- * **A member will get a maximum of benefit of Rs.2 Lakhs in one year.**

The scheme is launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

Dr. Chinivalar. V. V.
Chairman 94481 22978
drvvc2011@gmail.com

Dr. Raghavendra Vimali
Treasurer 9902992666
vimali@yahoo.com

Dr. Amaresh M.
Hon. Secretary, 9448120433
dramaresh.m@gmail.com

Contact Address : The Secretary's office, Shushrusha Nursing home, LG Road near , Mahaveer circle, GANGAVATHI-583227

Congratulations
Rajyotsava Awardees 2020
By Govt. of Karnataka



Dr Ashok Sonnad
(Bagalkote)



Dr BS Srinath
(Shivamogga)



Dr A Nagarathna
(Ballari)



Dr Venkatappa
(Ramanagar)

Congratulations for being invited

to Inaugurate the famous
Mysore Dasara-2020

as the Chief Guest of famous
Mysore Dasara-2020



Dr CN Manjunath
Bengaluru



Dr Naveen TR
Mysore

Nadoja Awardees 2020

by Kannada University, Hampi



Dr HG Daddi (Jamakhandi)

Felicitatation By Rajiv Gandhi University of Health Sciences
on the occassion of Karnataka Rajyotsava-2020



Dr Karaveeraprabhu
Kyalakond



Dr SP Yoganna



Dr Vijayalakshmi
Balekundri



Dr Asha D Benakappa



Dr DK Mahabalaraju



Dr BD Sathyanarayana



Dr Shivaprasad K

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Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs 11700/-	Rs 12200/-	Rs 12700/-	Rs 20700/-	Rs 23700/-	Rs 28700/-	Rs 36700/-
Fee for Silver Jubilee Scheme	Rs 22700/-	Rs 24700/-	Rs 26700/-	Rs 31700/-	Rs 38700/-	Rs 47200/-	Rs 57700/-

Recent death claim benefit given under Silver Jubilee Scheme is Rs. 37,67,500/- and in old Scheme is Rs. 17,34,251/-

Death claim benefit given to Covid - 19 death is Rs. 82,58,814/- (Including both Scheme)

Chairman

Dr.Yoganandareddy.Y.C

Mo : 9844085120

Secretary

Dr. Prakash Reddy K.T.

Mo : 9448415777

Joint Secretary

Dr.S.B.Lakkol

Mo : 9448560400

Joint Secretary

Dr. S.K. Nara

Mo : 9845365638

Treasurer

Dr.Maheshkumar.S

Mo : 9341738405

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